



Preliminär kursplan kursstart 14 april 2016

Bakgrund och behandling av ätstörningar (7,5 högskolepoäng)

Plats: Karolinska institutet, Huddinge campus: Alfred Nobels allé 23, sal 102

Obligatorisk kursbok:

Clinton, D. & Norring, C. (2002). Ätstörningar: Bakgrund och aktuella behandlingsmetoder. Stockholm: Natur & Kultur. (Förkortning: *ÄTS*)

Frivilliga kursböcker:

Fairburn, C. G., & Brownell, K. D. (2002). Eating Disorders and Obesity: A Comprehensive Handbook, Andra upplagan. New York: Guilford Press. (Förkortning: *EDO*)

Agras, W. S. (2010). The Oxford Handbook of Eating Disorders. Oxford: Oxford University Press. (Förkortning: *OHED*)

DAG 1 Torsdag 14 april

9:00 **Introduktion till utbildningen: upplägg, examinationen användning av KI biblioteket på distans**

David Clinton

1. KÄTS lathund för databaser på KI-biblioteket, andra handouts och kursinformation

10:00 Kaffe

10:30 **Att arbeta med ätstörningar: Gruppdiskussion**

David Clinton

Obligatorisk:

1. Clinton, D. & Norring, C. (2002). *Tillbakablick och framåtblick*. ÄTS, s. 241 - 248.
2. Gulliksen, K. et al (2012). Preferred therapist characteristics in treatment of anorexia nervosa: The patient's perspective. *International Journal of Eating Disorders*, 45: 932-941.

Frivillig:

1. Clinton, D. (1996). Why do eating disorder patients drop out? *Psychotherapy and Psychosomatics*, 65: 29-35.
2. Clinton, D. et al (2004). Patient satisfaction with treatment in eating disorders: Cause for complacency or concern? *European Eating Disorders Review*, 12: 240-246.
3. Zipfel, S. m.fl. (2013). Focal psychodynamic therapy, cognitive behaviour therapy, and optimised treatment as usual in outpatients with anorexia nervosa (ANTOP study): randomised controlled trial. *The Lancet*, doi:10.1016/S0140-6736(13)61746-8.

12:00 Lunch

13:00 **Historiska och kulturella perspektiv på ätstörningar**

David Clinton

Obligatorisk:

1. Norring, C. & Clinton, D. (2002). *Historik*. ÄTS, s. 19-26.
2. Hällström, T. (1999). Självsvält under 1500 år: verk av Gud, djävulen eller viktfixeringen? *Läkartidningen*, 96: 4648-4653.

Frivillig:

1. Vandereycken, W. (2002). *History of Anorexia Nervosa and Bulimia Nervosa*. EDO, kap. 27, s. 151-155.
2. Vandereycken, W & van Deth, R. (1994). *From Fasting Saints to Anorexic Girls. The History of Self-Starvation*. London: The Althone Press.
3. Grimm, V. (1996). *From Feasting to Fasting, The Evolution of a Sin: Attitudes to Food in Late Antiquity*. London: Routledge.
4. Allen, S.L. (2002). *In The Devil's Garden: A Sinful History of Forbidden Food*. New York: Random House.

14:30 Kaffe

Bakgrund och Behandling av Ätstörningar 7,5 p (Stockholm VT16)

15:00 - 16:30 **Psykologiska faktorer vid ätstörningar**

Johanna Levallius

Obligatorisk:

1. Clinton, D., Engström, I. & Norring, C. (2002). *Uppkomst och utveckling av ätstörningar* (psykologiska delar av kapitlet). ÄTS s. 78-85.
2. Clinton, D. (2006). Affect regulation, object relations and the central symptoms of eating disorders. *European Eating Disorders Review*, 14: 203–211.
3. Kuipers, G. & Bekker, M. (2012). Attachment, mentalization and eating disorders: A review of studies using the Adult Attachment Interview. *Current Psychiatry Reviews*, 8: 326-336.

Frivillig:

1. Bruch, H. (1973). *Eating Disorders: Obesity, Anorexia Nervosa and the Person Within*. New York: Basic Books.
2. Caglar-Nazali, H. (2014). A systematic review and meta-analysis of 'Systems for Social Processes' in eating disorders. *Neuroscience and Biobehavioral Reviews*, 42: 55-92.
3. Skårderud, F. (2009). Hilde Bruch revisited and revised. *European Eating Disorders Review*, 17: 83-88.
4. Turner, H., Bryant-Waugh, R. & Peveler, R. (2009). An approach to sub-grouping the eating disorder population: Adding attachment and coping style. *European Eating Disorders Review*, 17: 269-280.
5. Waller, G. (2002) *The Psychology of Binge Eating*. EDO, kap 18, s 98-102.
6. Zachrisson, H. & Skårderud, F. (2010). Feelings of insecurity: Review of attachment and eating disorders. *European Eating Disorders Review*, 18: 97-106.

DAG 2 Fredag 15 april

9:00

Ätstörningsdiagnostik

Andreas Birgegård

Obligatorisk:

1. Norring, C. & Clinton, D. (2002). *Diagnostik och bedömning*, ÄTS s. 27-41.
2. Birgegård, A., Clinton, D., Norring, C. (2012). DSM-IV vs. DSM-5: Implementation of proposed DSM-5 criteria to a large naturalistic database and comparison of present and future. *International Journal of Eating Disorders*, 45: 353-361.

Frivillig:

1. Birgegård, A., Clinton, D. & Norring, C. (2013). Diagnostic issues of binge eating in eating disorders. *European Eating Disorders Review*, 21: 175-183.
2. Ekeroth, K., Clinton, D., Norring, C., & Birgegård, A. (2013). Clinical characteristics and distinctiveness of DSM-5 eating disorder diagnoses: findings from a large naturalistic clinical database. *Journal of Eating Disorders*, 1:31.
3. Gordon, K. H., Holm-Denoma, J. M., Crosby, R. D., Wonderlich, S. A. (2010). OHED, s. 9-24.
4. Thompson-Brenner, H., Eddy, K. T., Franko, D. L., Dorner, D. J., Vashchenko, M., Kass, A. E., Herzog, D. B. (2008). A personality classification system for eating disorders: a longitudinal study. *Comprehensive Psychiatry*, 49: 551-560.
5. Waller, G. (2005). Psychological perspectives on atypical diagnoses in the eating disorders. In: Norring, C., Palmer, R. (Eds.). *EDNOS - Eating Disorders Not Otherwise Specified: The Other Eating Disorders*. London: Routledge, pp 313-323.
6. Walsh, B. T., Sysko, R. (2009). Broad categories for the diagnosis of eating disorders (BCD-ED): An alternative system for classification. *International Journal of Eating Disorders*, 42: 754-764.

10:30

Kaffe

11:00

Biologiska faktorer vid ätstörningar

Ulf Wallin

Obligatorisk:

1. Clinton, D., Engström, I. & Norring, C. (2002). *Uppkomst och utveckling av ätstörningar* (biologiska delar av kapitlet). ÄTS s. 67-73.

Frivillig:

1. Leibowitz, S.F. (2002). *Central physiological determinants of eating behavior and body weight*. EDO, kap. 1, s. 5-10
2. Smith, G.P. & Gibbs, J. (2002). *Peripheral physiological determinants of eating and body weight*. EDO, kap. 2, s. 11-15.
3. Blundell, J.E. (2002). *A Psychobiological system approach to appetite and weight control*. EDO, kap. 8, s. 43-49
4. Mehler, P & Andersen, A. (2010) *Eating Disorders. A Guide to Medical Care and Complications*. Baltimore, Johns Hopkins University Press.

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12:30 Lunch

13:30 - 15:00 **Klinisk bedömning av ätstörningar: Medicinska aspekter**

Ulf Wallin

Obligatorisk:

1. Hägglöf, B. (2002). *Somatiska aspekter vid anorexia nervosa och bulimia nervosa*. ÄTS s. 95-109.

Frivillig:

1. Lask, B. & Bryant-Waugh, R. (2013). *Eating Disorders in Childhood and Adolescence* (4th edition). London: Routledge.
2. Halmi, K. (2002). Physiology of anorexia nervosa and bulimia nervosa. EDO, kap. 48, s. 267-271.
3. Pomeroy, C. & Mitchell, J. (2002). Medical complications of anorexia nervosa and bulimia nervosa. EDO, kap. 50, s. 278-285.
4. Mitchell, J. & Crow, S. (2010). Medical comorbidities of eating disorders. OHED, kap. 15, s. 259-266.
5. Katzman, D., Kanbur, N. & Steinegger, C. (2010). Medical screening and management of eating disorders. OHED, kap. 16, s. 267-292.
6. Norrington, A., Stanley, R., Tremlett, M. & Birrell, G. (2012). Medical management of acute severe anorexia nervosa. Archives of disease in childhood. Education and practice, 97, s. 48-54.
7. Mehler, P & Andersen, A. (2010). *Eating Disorders. A Guide to Medical Care and Complications*. Baltimore, Johns Hopkins University Press.

DAG 3 Torsdag 21 april

9:00

Komorbidity och ätstörningar

Andreas Birgegård

Obligatorisk:

1. Norring, C. & Clinton, D. (2002) *Diagnostik och bedömning*, ÄTS s. 27-41.

Frivillig:

1. Backholm, K, Isomaa, R & Birgegård, A (2013). The prevalence and impact of trauma history in eating disorder patients. *European journal of Psychotraumatology*, 4: 22482 - <http://dx.doi.org/10.3402/ejpt.v4i0.22482>
2. Blinder, B. et al (2006). Psychiatric comorbidities of female inpatients with eating disorders. *Psychosomatic Medicine*, 68: 454-462.
3. Cassin, S. & von Ranson K. (2005). Personality and eating disorders: A decade in review. *Clinical Psychology Review*, 25: 895-916.
4. Corstorphine, E. et al (2007). Trauma and multi-impulsivity in the eating disorders. *Eating Behaviors*, 8: 23-30.
5. Halmi, K. A. (2010). *Psychological comorbidity of eating disorders*. OHED, s. 292-303.
6. Mitchell, J. E., Crow, S. J. (2010). *Medical comorbidities of eating disorders*. OHED, s. 259-266.

10:30

Kaffe

11:00

Behandling av ätstörningar: Kognitiv beteendeterapi - KBT

Louise Högdahl

Obligatorisk:

1. Kåver, A. (2002). *Kognitiv beteendeterapi vid ätstörningar*. ÄTS, s. 145-161.

Frivillig:

1. Ghaderi, A. (2007). *Från självsvält till ett fullvärdigt liv*. Stockholm: Natur och Kultur.
2. Ghaderi, A. & Perling, T. (2009). *Lev med din krop*. Stockholm: Natur och Kultur.
3. Waller, G. (2007). *Cognitive behavioural therapy for eating disorders : A comprehensive treatment guide*. Cambridge: Cambridge University Press.
4. Fairburn, C. G. (2003). *Att övervinna hetsätning: Ett nytt vetenskapsbaserat behandlingsprogram*. Riga: Cura Bokförlag och Utbildning AB.

12:30

Lunch

Bakgrund och Behandling av Ätstörningar 7,5 p (Stockholm VT16)

13:30 - 15:00 **Epidemiologi, förlopp och prognos**

Tabita Björk

Obligatorisk:

1. Engström, I. (2002). *Ätstörningarnas förekomst*. ÄTS s. 43-50.
2. Clinton, D. & Norring, C. (2002). *Förlopp, utfall och prognos*. ÄTS, s. 51-65.
3. Björk, T., Clinton, D., Norring, C. (2011). The impact of different outcome measures on estimates of remission in a 3-year follow-up of eating disorders. *European Eating Disorders Review*, 19: 2-11.

Frivillig:

1. Smink, R., van Hoeken, D. Hoek, H. (2012). Epidemiology of eating disorders: Incidence, prevalence and mortality rates. *Current Psychiatry Reports*, 14: 406-414.
2. Steinhausen, H.-C., Seidel, R., & Metzke, C. W. (2000). Evaluation of treatment and intermediate and long-term outcome of adolescent eating disorders. *Psychological Medicine*, 30: 1089-1098.
3. Björk, T., Wallin, K., Pettersen, G. (2012). Male experiences of life after recovery from an eating disorder. *Eating Disorders: The Journal of Treatment & Prevention*, 20: 460-468.

DAG 4 Fredag 22 april

9:00

Behandling av ätstörningar: Psykodynamiska perspektiv och MBT

David Clinton

Obligatorisk:

1. Skårderud, F. (2007). Eating one's words, part III: Mentalisation-based psychotherapy for anorexia nervosa — An outline for a treatment and training manual. *European Eating Disorders Review*, 15: 323–339.
2. Clinton, D. (2006). Affect regulation, object relations and the central symptoms of eating disorders. *European Eating Disorders*, 14: 203–211.
3. Hofsten, A-M. *Psykoanalytisk psykoterapi med ätstörda patienter*. ÄTS s. 163-177.

Frivillig:

1. Arcelus, J., Haslam, M., Farrow, C. & Meyer, C. (2013). The role of interpersonal functioning in the maintenance of eating psychopathology: A systematic review and testable model. *Clinical Psychology Review*, 33: 156-167.
2. Skårderud, F. (2007). Eating one's words, part I: 'Concretised metaphors' and reflective function in anorexia nervosa - An interview study. *European Eating Disorders Review*, 15: 163–174.
3. Skårderud, F. (2007). Eating one's words, part II: The embodied mind and reflective function in anorexia nervosa - Theory. *European Eating Disorders Review*, 15: 243–252.
4. Illing, V. et al (2010). Attachment insecurity predicts eating disorder symptoms and treatment outcomes in a clinical sample of women. *Journal of Nervous and Mental Disease*, 198: 653-659.
5. Rothschild-Yakar, L. et al (2010). Mentalization and relationships with parents as predictors of eating disordered behavior. *Journal of Nervous and Mental Disease*, 198: 501-507.
6. Tasca, G. et al (2011). Implications of attachment theory and research for the assessment and treatment of eating disorders. *Psychotherapy*, 48: 249-259.

10:30

Kaffe

11:00

Obesitas och ätstörningar

Joakim de Man Lapidoth

Obligatorisk:

1. Norring, C. & Clinton, D. (2002). *Diagnostik och bedömning*, ÄTS s. 27-41.

Frivillig:

1. Niego, S.H., Kofman, M.D., Weiss, J.J, & Geliebter A. (2007). Binge eating in the bariatric surgery population: a review of the literature. *International Journal of Eating Disorders*, 40: 349-59.

12:30

Lunch

13:30 - 15:00 **Behandling av ätstörningar: En workshop om psykoedukation: Vad är det vi vill förmedla?**

Elisabet Lannfelt

Obligatorisk:

1. Nevenon, L. (2002). *Psykopedagogik vid ätstörningar*. ÄTS, 129-136.

Frivillig:

1. Garner, D.M. m.fl. (1985). Psychoeducational principles in the treatment of bulimia and anorexia nervosa. I D.M. Garner & P.E. Garfinkel (Eds), *Handbook of Psychotherapy for Anorexia Nervosa and Bulimia*. New York: Guilford.

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DAG 5 Torsdag 28 april

9:00 **Näringsmässiga aspekter av ätstörningsbehandling**

Gisela van der Ster

Obligatorisk:

1. Scribner Reiter, C. & Graves, L. (2010). Nutrition therapy for eating disorders. *Nutrition in Clinical Practice*, 25: 122-136.

10:30 Kaffe

11:00 **Behandling av ätstörningar: Slutenvård och omvårdnad**

Maja Molin

Obligatorisk:

1. Johnsson, P. (2002). *Ett slutenvårdsprogram för svårbehandlad och långvarig anorexia nervosa och bulimia nervosa*. ÄTS s. 231-238.
2. Bakker, R. et al (2011). Recovery of normal body weight in adolescents with anorexia nervosa: The nurse's perspective of effective interventions. *Journal of Child and Adolescent Psychiatric Nursing*, 24: 16-22.
3. van Ommen, J. et al. (2009). Effective nursing care of adolescents diagnosed with anorexia nervosa: the patients' perspective. *Journal of Clinical Nursing*, 18: 2801-2808.

Frivillig:

1. Colton, P. et al (2004). Disturbed eating behavior and eating disorders in preteen and early teenage girls with type 1 diabetes. *Diabetes Care*, 27: 1654-1659.
2. Wiksten-Almströmer, M. et al (2007). Menstrual disorders and associated factors among adolescent girls visiting a youth clinic. *Acta Obstetrica et Gynecologica*, 86: 65-72.

12:30 Lunch

13:30 - 15:00 **Klinisk bedömning av ätstörningar: Intervjuer, skattningsskalor och självskattningsskalor**

Andreas Birgegård

Obligatorisk:

1. Clinton, D.N. & Norring, C. (1999). The Rating of Anorexia and Bulimia (RAB) Interview: Development and preliminary validation. *Eur Eat Disord Rev*, 7: 362-371.
2. Benjamin, L.S., Rothweiler, J.C., & Critchfield, K.L. (2006). The use of Structural Analysis of Social Behavior (SASB) as an assessment tool. *An Rev Clin Psychol*, 2: 83-109.
3. Björck C, Clinton D, Sohlberg S & Norring C. (2007). Negative self-image and prognosis in eating disorders: Results at 3 years follow-up. *Eating Behaviors*, 8: 398-40.

Frivillig:

1. Garner, D.M. *Measurement of eating disorder psychopathology*. EDO, kap 26, s. 141-146.
2. Birgegård, A., Björck, C., Norring, C., Sohlberg, S., & Clinton, D. (2009). Anorexic self-control and bulimic self-hate: Differential outcome prediction from initial self-image. *International Journal of Eating Disorders*, 42: 522-530.
3. Birgegård A, Norring C & Clinton D (2014). Binge eating in interview vs. self-report: Different diagnoses show different divergences. *European Eating Disorders Review*, 22, 170-175.
4. Björck C, Clinton D, Sohlberg S, Hällström T, & Norring C. (2003). Interpersonal profiles in eating disorders: Ratings of SASB self-image. *Psychology and Psychotherapy - Theory Research and Practice*, 76: 337-349.
5. Cooper, Cooper & Fairburn (1989). The validity of the eating disorder examination and its subscales. *British Journal of Psychiatry*, 154: 807-812.
6. Nevonen, L., Clinton, D. & Norring, C. (2006). Validating the EDI-2 in three Swedish female samples: Eating disorders patients, psychiatric outpatients and normal controls. *Nordic Journal of Psychiatry*, 60: 44-50.
7. Nevonen, L., Broberg, A.G. Clinton, D., & Norring, C. (2003). A measure for the assessment of eating disorders: reliability and validity studies of the Rating of Anorexia and Bulimia Interview-revised version (RAB-R). *Scandinavian Journal of Psychology*, 44: 303-310.
8. Wolk, S., Loeb, K. & Walsh, B. (2005). Assessment of patients with anorexia nervosa: Interview versus self-report. *International Journal of Eating Disorders*, 37: 92-99.

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DAG 6 Fredag 29 april

9:00 Behandling av ätstörningar: Familjeterapi

Ulf Wallin

Obligatorisk:

1. Gustafsson, N. (2002). *Familjeterapi*. ÄTS, s. 179-193.
2. Wallin, U. (2002). Behandling av barn med ätstörningar. ÄTS s. 111-119.
3. Eisler (2013) Family therapy for adolescent eating disorders: a special form of therapy or family therapy with a specific focus? *Journal of Family Therapy*, 35, Issue S1 April 2013, sid 1-2.
4. Downs K J et al (2013). A substantive and methodological review of family based treatment for eating disorders The last 25 years of research. *Journal of Family Therapy*, 35, Issue S1, sid 3-28.

Frivillig:

1. Dare, C. & Eisler, I. (2002). Family therapy and eating disorders. EDO, kap. 56, s. 314-319.
2. Le Grange, D. & Rienecke Hoste, R. (2010). Family therapy. OHED, kap. 21, s. 373-385.
3. Rausch Herscovici, C. (2013). Family approaches. EDCA, kap. 13, s. 239-257.
4. Lock, J & Le Grange, D. (2013). Treatment manual for anorexia nervosa. A Family-based approach. New York: Guilford Press.
5. Wallin, U. (2004). Ätstörning och familjen – en översikt. *Tidsskriftet for Norske Lægeforening*, 124: 2251-3.
6. Asen E & Scholz, M. (2010). Multi-family therapy. Concepts and techniques. London: Routledge.
7. Wallin, U. (2007). Multifamiljeterapi vid anorexia nervosa: Behandlingsmanual. Lund: Enheten för Anorexi och Bulimi. – BUP, USiL.
8. Wallin, U. (2008). Familjer som hjälper familjer – Multifamiljeterapi vid Anorexia Nervosa *Svensk Psykiatri*, 3: 10-16.

10:30

Kaffe

11:00

Behandling av ätstörningar: Medicinsk behandling

Ulf Wallin

Obligatorisk:

1. Hägglöf, B. (2002). Farmakologisk behandling vid ätstörningar. ÄTS s. 121-125.
2. Treasure, J. *Compulsory treatment in the management of eating disorders*. EDO, kap. 61, s. 340-344.

Frivillig:

1. Aigner, M., Treasure, J., Kay, W., Kasper, S., & The WFSBP Task Force on Eating Disorders (2011). World Federation of Societies of Biological Psychiatry (WFSBP) Guidelines for the Pharmacological Treatment of Eating Disorders. *The World Journal of Biological Psychiatry*, 12: 400-443.
2. Garber, A. et al. (2013) Higher calorie diets increase rate of weight gain and shorten hospital stay in hospitalized adolescents with anorexia nervosa. *Journal of Adolescent Health*, published online July 11, 2013.
3. Hart, M. (2013). Nutrition and refeeding. EDCA, kap. 12, s. 222-238. Walsh, T. (2002). *Pharmacological treatment of anorexia nervosa and bulimia nervosa*. EDO, kap. 58, s. 325-329.
4. McElroy, S., Guerdjikova, A., O'Melia, A., Mori, N. & Keck jr, P. (2010). *Pharmacotherapy of the eating disorders*. OHED, kap. 24, s. 417-451.
5. Mehler, P & Andersen, A. (2010). *Eating Disorders. A Guide to Medical Care and Complications*. Baltimore, Johns Hopkins University Press.
6. Woodside, B. (2002). *Inpatient treatment and medical management of anorexia nervosa and bulimia nervosa*. EDO, kap. 60, s. 335-339.

12:30

Lunch

Bakgrund och Behandling av Ätstörningar 7,5 p (Stockholm VT16)

13:30 - 15:00 **Behandling av ätstörningar: Kroppsinriktad behandling**

Marie-Louise Majewski

Obligatorisk:

1. Norring, C. & Clinton, D. (2002). *Kroppsinriktad behandling*. ÄTS s. 137-143.
2. Wallin, U., Kronovall, P. & Majewski, M-L (2000). Body Awareness Therapy in Teenage anorexia Nervosa: Outcome after 2 years. *European Eating Disorders Review*, 8:19-30.
3. Probst, M. m.fl. (2013). Physiotherapy for patients with anorexia nervosa. *Advances in Eating Disorders: Theory, Research and Practice*. Published online: 14 June 2013.

Frivillig:

1. Danielsen, M. & Rø, Ø. (2012). Changes in body image during inpatient treatment for eating Disorders predict outcome. *Eating Disorders: The Journal of Treatment & Prevention*, 20: 261-275.
2. Kolnes, L. (2012). Psychomotor physiotherapy and eating disorders: Embodying the body in anorexia nervosa a physiotherapeutic approach. *Journal of Bodywork and Movement Therapies*, 16: 281-288.
3. Probst, M. Pieters, G. & Vanderlinden, J. (2008). Evaluation of body experience questionnaires in eating disorders in female patients (AN/BN) and nonclinical participants. *Int J Eat Disord*, 41:657-665.
4. Probst, M., Pieters, G. & Vanderlinden, J. (2009). Body experience assessment in non-clinical male and female subjects. *Eating and Weight Disorders*, 14:16-21.
5. Catalan-Matamoros, D., m.fl. (2011). A pilot study on the effect of Basic Body Awareness Therapy in patients with eating disorders: a randomized controlled trial. *Clin Rehabil*. Published online 14 March 2011.
6. Schneider, N. m.fl. (2009). Comparison of body size estimation in adolescents with different types of eating disorders. *European Eating Disorders Review*, 17: 468-475.
7. Bratland-Sanda, S. m.fl. (2010). Physical activity and exercise dependence during inpatient treatment of longstanding eating disorders. *Int J Eat Disord*, 43: 266-273.

UNDERVISNINGSFRIDAG fredag 6 maj

Tid att arbeta med Examinationsuppgift 1

DAG 7 Fredag 13 maj

09:00

KLINISKT ARBETE: Del 1

Diskussion och rollspel av fall som kursdeltagarna har i behandling samt kliniska situationer inom ätstörningsbehandling.

David Clinton

Obligatorisk:

1. Clinton, D., Engström, I. & Norring, C. (2002). *Uppkomst och utveckling av ätstörningar: ett multifaktoriellt synsätt*. ÄTS s. 67-92.
2. Clinton, D. (2010). Towards and ecology of eating disorders: Creating sustainability through the integration of scientific research and clinical practice. *European Eating Disorders Review*, 18: 1-9.

11:00

Kaffe

11:15

KLINISKT ARBETE (forts)

David Clinton

12:30

Lunch

13:30

KLINISKT ARBETE (forts)

David Clinton

15:00

Kaffe

15:15 - 16:00

KLINISKT ARBETE (forts)

David Clinton

Bakgrund och Behandling av Ätstörningar 7,5 p (Stockholm VT16)

DAG 8 Fredag 20 maj

- 09:00 **KLINISKT ARBETE: Del 2** Diskussion och rollspel av fall som kursdeltagarna har i behandling samt kliniska situationer inom ätstörningsbehandling.
David Clinton
- 11:00 Kaffe
- 11:15 **KLINISKT ARBETE (forts)**
David Clinton
- 12:30 Lunch
- 13:30 **KLINISKT ARBETE (forts)**
David Clinton
- 15:00 Kaffe
- 15:15 - 16:00 **KLINISKT ARBETE (forts)**
David Clinton

EXAMINATION - Inlämning av Examinationsuppgift 1, fredag 20 mars

UNDERVISNINGSFRIDAG Fredag 27 maj

Grupparbete med Examinationsuppgift 2

DAG 9 Torsdag 9 juni

- 10:00 **EXAMINATION**
Redovisning och diskussion av grupparbete
David Clinton
- 12:00 Lunch
- 13:00 **EXAMINATION (forts.)**
Redovisning och diskussion av grupparbete
David Clinton
- 14:30 Kaffe
- 15:00 - 16:00 **EXAMINATION (forts.)**
Redovisning och diskussion av grupparbete
David Clinton

DAG 10 Fredag 10 juni

- 9:00 **EXAMINATION (forts.)**
Redovisning och diskussion av grupparbete
David Clinton
- 10:30 Kaffe
- 11:00 - 14:00 **Kursutvärdering och gemensam lunch**
David Clinton