



Kursplan kursstart 2 september 2019

Bakgrund och behandling av ätstörningar (7,5 högskolepoäng)

Plats: Plats: Karolinska institutet, Huddinge campus: Alfred Nobels allé 23, sal 102

Kontakter: David Clinton, kursansvarig & examinator (david.clinton@ki.se)

Obligatorisk kursbok:

Clinton, D. & Norring, C. (2009). *Ätstörningar: Bakgrund och aktuella behandlingsmetoder*. Stockholm: Natur & Kultur. (Förkortning: *ÄTS*)

Svenska Psykiatriska Föreningen (2015). *Ätstörningar - Kliniska riktlinjer för utredning och behandling*. Stockholm: Svenska Psykiatriska Föreningen och Gothia Fortbildning AB.

Frivilliga kursböcker:

Fairburn, C. G., & Brownell, K. D. (2012). *Eating Disorders and Obesity: A Comprehensive Handbook*, Andra upplagan. New York: Guilford Press. (Förkortning: *EDO*)

Agras, W. S. (2010). *The Oxford Handbook of Eating Disorders*. Oxford: Oxford University Press. (Förkortning: *OHED*)

Lask, B. & Bryant-Waugh, R. (2013). *Eating Disorders in Childhood and Adolescence* (4th edition). London: Routledge. (Förkortning: *EDCA*)

DAG 1 Måndag 2 september

- 9:00 **Introduktion till utbildningen: upplägg, examinationen användning av KI biblioteket på distans**
David Clinton
1. KÄTS lathund för databaser på KI-biblioteket, andra handouts och kursinformation
- 10:00 Kaffe
- 10:30 **Att arbeta med ätstörningar: Gruppdiskussion**
David Clinton
- Obligatorisk:
1. Clinton & Norring (2009). *Tillbakablick och framåtblick*. ÄTS, s. 241 - 248.
 2. Gulliksen, m fl (2012). *Preferred therapist characteristics in treatment of anorexia nervosa: The patient's perspective*. Int J Eat Dis, 45: 932-941.
- Frivillig:
1. Clinton, (1996). *Why do eating disorder patients drop out?* Psychother Psychosom, 65: 29-35.
 2. Clinton, m fl (2004). *Patient satisfaction with treatment in eating disorders: Cause for complacency or concern?* Eur Eat Dis Rev, 12: 240-246.
 3. Zipfel, m fl (2013). *Focal psychodynamic therapy, cognitive behaviour therapy, and optimised treatment as usual in outpatients with anorexia nervosa (ANTOP study): randomised controlled trial*. Lancet, 383: 127-137.
- 12:00 Lunch
- 13:00 **Idéhistoriska perspektiv på ätstörningar**
David Clinton
- Obligatorisk:
1. Norring & Clinton (2009). *Historik*. ÄTS, s. 19-26.
 2. Hällström (1999). *Självsvalt under 1500 år: verk av Gud, djävulen eller viktfixeringen?* Läkartidningen, 96: 4648-4653.
- Frivillig:
1. Vandereycken (2002). *History of Anorexia Nervosa and Bulimia Nervosa*. EDO, kap. 27, s. 151-155.
 2. Vandereycken & van Deth (1994). *From Fasting Saints to Anorexic Girls. The History of Self-Starvation*. London: The Althone Press.
 3. Grimm (1996). *From Feasting to Fasting, The Evolution of a Sin: Attitudes to Food in Late Antiquity*. London: Routledge.
 4. Allen (2002). *In The Devil's Garden: A Sinful History of Forbidden Food*. New York: Random House.

Bakgrund och Behandling av Ätstörningar 7,5 p (Stockholm HT19)

14:30 Kaffe

15:00 - 16:30 **Ätstörningsdiagnostik**

Andreas Birgegård

Obligatorisk:

1. Norring & Clinton (2009). *Diagnostik och bedömning*, ÄTS s. 27-41.
2. Birgegård, m fl (2012). *DSM-IV vs. DSM-5: Implementation of proposed DSM-5 criteria to a large naturalistic database and comparison of present and future*. Int J Eat Dis, 45:353-361.

Frivillig:

1. Birgegård, m fl (2013). *Diagnostic issues of binge eating in eating disorders*. Eur Eat Dis Rev, 21:175-183.
2. Gordon, m fl (2010). *The Classification of Eating Disorders*. OHED, s. 9-24.
3. Thompson-Brenner, m.fl. (2008). *A personality classification system for eating disorders: a longitudinal study*. Compr Psychiat, 49: 551-560.
4. Waller (2005). *Psychological perspectives on atypical diagnoses in the eating disorders*. In: Norring & Palmer (red). *EDNOS - Eating Disorders Not Otherwise Specified: The Other Eating Disorders*. London: Routledge, pp 313-323.
5. Walsh & Sysko (2009). *Broad categories for the diagnosis of eating disorders (BCD-ED): An alternative system for classification*. Int J Eat Dis, 42: 754-764.

DAG 2 Tisdag 3 september

9:00

Klinisk bedömning av ätstörningar: Intervjuer, skattningsskalor och självskattningsskalor

Andreas Birgegård

Obligatorisk:

1. Clinton & Norring (1999). *The Rating of Anorexia and Bulimia (RAB) Interview: Development and preliminary validation*. Eur Eat Dis Rev, 7:362-371.
2. Benjamin, m fl (2006). *The use of Structural Analysis of Social Behavior (SASB)*. An Rev Clin Psychol, 2:83-109.
3. Björck, m fl (2007). *Negative self-image and prognosis in eating disorders: Results at 3 years follow-up*. Eat Behav, 8: 398-40.

Frivillig:

1. Garner, D.M. *Measurement of eating disorder psychopathology*. EDO, s. 141-146.
2. Birgegård, m fl (2009). *Anorexic self-control and bulimic self-hate: Differential outcome prediction from initial self-image*. Int J Eat Dis, 42: 522-530.
3. Cooper, m fl (1989). *The validity of the eating disorder examination and its subscales*. Br J Psychiat, 154:807-812.
4. Nevonen, m fl (2006). *Validating the EDI-2 in three Swedish female samples*. Nord J Psychiat, 60: 44-50.
5. Wolk, m fl (2005). *Assessment of patients with anorexia nervosa: Interview versus self-report*. Int J Eat Dis, 37:92-99.
6. Forsén Mantilla, m fl (2017). *Factor analysis of the adolescent version of the Eating Disorders Examination Questionnaire (EDE-Q): Results from Swedish general population and clinical samples*. J Eat Dis, 5:1. DOI: 10.1186/s40337-017-0140-8.

10:30

Kaffe

11:00

Komorbiditet och neuropsykiatri

Elin Monell

Obligatorisk:

1. Norring, C. & Clinton, D. (2009) *Diagnostik och bedömning*, ÄTS s. 27-41.
2. Ulfvebrand, m.fl. (2015). *Psychiatric comorbidity in women and men with eating disorders results from a large clinical database*. Psychiat Res, 230: 294-299.
3. Karjalainen, m.fl. (2016). *Eating disorders and eating pathology in young adult and adult patients with ESSENCE*. Compr Psychiatry, 66: 79-86.

Frivillig:

1. O'Brien & Vincent (2003). *Psychiatric comorbidity in anorexia and bulimia nervosa: nature, prevalence, and causal relationships*. Clin Psychol Rev, 23: 57-74.
2. Svedlund, m.fl. (2017). *Symptoms of Attention Deficit Hyperactivity Disorder (ADHD) among adult eating disorder patients*. BMC Psychiatry, 17: 19.
3. Wentz, m.fl. (2005). *Childhood onset neuropsychiatric disorders in adult eating disorder patients. A pilot study*. Eur Child Adolesc Psychiatry, 14: 431-437.
4. Ringskog (1999). *Somatiska komplikationer vid anorexia och bulimia nervosa*. Läkartidningen, 96: 882-886.
5. Cortese, m fl (2007). *Attention-deficit/hyperactivity disorder, binge eating, and obesity*. J Clin Psychiat, 68: 976-7.
6. Surman, m fl (2006). *Association between attention deficit/hyperactivity disorder and bulimia nervosa: Analysis of 4 case-control studies*. J Clin Psychiat, 67:351-354.

12:30

Lunch

Bakgrund och Behandling av Ätstörningar 7,5 p (Stockholm HT1)

13:30

Psykologiska faktorer vid ätstörningar

Johanna Levallius

Obligatorisk:

1. Clinton, m fl (2009). *Uppkomst och utveckling av ätstörningar*. ÄTS s. 78-85.
2. Clinton, (2006). *Affect regulation, object relations and the central symptoms of eating disorders*. Eur Eat Dis Rev, 14: 203–211.
3. Kuipers & Bekker (2012). *Attachment, mentalization and eating disorders: A review of studies using the Adult Attachment Interview*. Cur Psychiatr Rev, 8: 326-336.

Frivillig:

1. Bruch (1973). *Eating Disorders: Obesity, Anorexia Nervosa and the Person Within*. New York: Basic Books.
2. Caglar-Nazali (2014). *A systematic review and meta-analysis of 'Systems for Social Processes' in eating disorders*. Neurosci Biobehav Rev, 42: 55-92.
3. Levalius, m fl (2015). *Who do you think you are? Personality in eating disorders*. J Eat Dis, 3:3.
4. Skårderud (2009). *Hilde Bruch revisited and revised*. Eur Eat Disord Rev, 17: 83-88.
5. Turner, m fl (2009). *An approach to sub-grouping the eating disorder population: Adding attachment and coping style*. Eur Eat Disord Rev, 17: 269-280.
6. Waller (2002) *The Psychology of Binge Eating*. EDO, kap 18, s 98-102.
7. Zachrisson & Skårderud (2010). *Feelings of insecurity: Review of attachment and eating disorders*. Eur Eat Dis Rev, 18: 97-106.

EXAMINATION - Inlämning av förarbete till Examinationsuppgift 2 (i grupp), fredag 6 september

DAG 3 Måndag 9 september

9:00

Behandling av ätstörningar: Kognitiv beteendeterapi - KBT

Karolin Lindberg

Obligatorisk:

1. Kåver (2009). *Kognitiv beteendeterapi vid ätstörningar*. ÄTS, s. 145-161.
2. Fairburn (2011). Att övervinna hetsätning. Lund: Studentlitteratur.

Frivillig:

1. Fairburn, m fl (2009). *Transdiagnostic cognitive behavioral therapy for patients with eating disorders: A two-site trial with 60-week follow-up*. Am J Psychiat, 166:311-319.
2. Fairburn, m fl (2013). *Enhanced cognitive behaviour therapy for adults with anorexia nervosa: A UK-Italy study*. Behav Res Ther, 51:2-8.
3. Fairburn & Wilson (2013). *The dissemination and implementation of psychological treatments: Problems and solutions*. Int J Eat Dis, 46:516-521.
4. Fairburn, m fl (2015). *A transdiagnostic comparison of enhanced cognitive behaviour therapy (CBT-E) and interpersonal psychotherapy in the treatment of eating disorders*. Behav Res Ther, 70:64-71.

10:30

Kaffe

11:00

Behandling av ätstörningar: Psykodynamiska perspektiv och MBT

David Clinton

Obligatorisk:

1. Skårderud (2007). *Eating one's words, part III: Mentalisation-based psychotherapy for anorexia nervosa*. Eur Eat Disord Rev, 15: 323–339.
2. Clinton (2006). *Affect regulation, object relations and the central symptoms of eating disorders*. Eur Eat Dis Rev, 14: 203–211.
3. Hofsten (2002). *Psykoanalytisk psykoterapi med ätstörda patienter*. ÄTS s. 163-177.

Frivillig:

1. Arcelus, m fl (2013). *The role of interpersonal functioning in the maintenance of eating psychopathology: A systematic review and testable model*. Clin Psychol Rev, 33:156-167.
2. Skårderud (2007). *Eating one's words, part I: 'Concretised metaphors' and reflective function in anorexia nervosa - An interview study*. Eur Eat Dis Rev, 15:163–174.
3. Skårderud (2007). *Eating one's words, part II: The embodied mind and reflective function in anorexia nervosa - Theory*. Eur Eat Dis Rev, 15: 243–252.
4. Illing, m fl (2010). *Attachment insecurity predicts eating disorder symptoms and treatment outcomes in a clinical sample of women*. J Nerv Ment Dis, 198:653-659.
5. Rothschild-Yakar, m fl (2010). *Mentalization and relationships with parents as predictors of eating disordered behavior*. J Nerv Ment Dis, 198:501-507.
6. Tasca, m fl (2011). *Implications of attachment theory and research for the assessment and treatment of eating disorders*. Psychother, 48:249-259.

12:30

Lunch

Bakgrund och Behandling av Ätstörningar 7,5 p (Stockholm HT19)

13:30 - 14:30 **Integrerande gruppdiskussion: Psykoedukation, KBT och PDT vid behandling av ätstörningar**

David Clinton & Karolin Lindberg

Obligatorisk:

1. Nevenon, L. (2009). *Psykopedagogik vid ätstörningar*. ÄTS, 129-136.

Frivillig:

1. Garner, m.fl. (1985). Psychoeducational principles in the treatment of bulimia and anorexia nervosa. I Garner & Garfinkel, *Handbook of Psychotherapy for Anorexia Nervosa and Bulimia*. New York: Guilford.

14:30 Kaffe

15:00 - 16:30 **Fortsättning av gruppdiskussionen**

David Clinton & Karolin Lindberg

DAG 4 Tisdag 10 september

9:00 **Epidemiologi, förlopp och prognos**

Emma Forsén Mantilla

Obligatorisk:

1. Engström (2009). *Ätstörningarnas förekomst*. ÄTS s. 43-50.
2. Clinton & Norring (2009). *Förlopp, utfall och prognos*. ÄTS, s. 51-65.
3. Clinton & Birgegård (2017). *Stort mörkertal för ätstörningar – fler behöver hjälp tidigt*. Läkartidningen, 114, maj 29.
4. Smink, m fl (2012). *Epidemiology of eating disorders: Incidence, prevalence and mortality rates*. Cur Psychiat Rep, 14: 406-414.

Frivillig:

1. Arcelus, m fl (2011). *Mortality rates in patients with anorexia nervosa and other eating disorders: A meta-analysis of 36 studies*. Arch Gen Psychiat, 68:724.
2. Hoek & van Hoeken (2003). *Review of the prevalence and incidence of eating disorders*. Int J Eat Dis, 34:383-396.
3. Hudson, m fl. (2007). *The prevalence and correlates of eating disorders in the National Comorbidity Survey Replication*. Biol Psychiatry, 61:348-358.
4. Mohler-Kuo, m fl (2016). *The prevalence, correlates, and help-seeking of eating disorders in Switzerland*. Psychol Med, 46:2749-58.
5. Rosling, m fl (2011). *Mortality of eating disorders: a follow-up study of treatment in a specialist unit 1974-2000*. Int J Eat Disord, 44:304-10.
6. Steinhausen (2002). *The outcome of anorexia nervosa in the 20th century*. Am J Psychiat, 159:1284-93.
7. Wentz, m fl (2009). *Adolescent-onset anorexia nervosa: 18-year outcome*. Br J Psychiatry, 194:168-74.

10:30 Kaffe

11:00 **Behandling av ätstörningar: Slutenvård och omvårdnad**

Maja Molin

Obligatorisk:

1. Johnsson (2009). *Ett slutenvårdsprogram för svårbehandlad och långvarig anorexia nervosa och bulimia nervosa*. ÄTS s. 231-238.
2. Bakker, m.fl. (2011). *Recovery of normal body weight in adolescents with anorexia nervosa: The nurse's perspective of effective interventions*. J Child Adolesc Psychiatr Nurs, 24: 16-22.
3. van Ommen, m.fl. (2009). *Effective nursing care of adolescents diagnosed with anorexia nervosa: the patients' perspective*. J Clin Nurs, 18: 2801-2808.

Frivillig:

1. Colton, m.fl. (2004). *Disturbed eating behavior and eating disorders in preteen and early teenage girls with type 1 diabetes*. Diabetes Care, 27: 1654-1659.
2. Wiksten-Almströmer, m.fl. (2007). *Menstrual disorders and associated factors among adolescent girls visiting a youth clinic*. Acta Obstet Gynecolog, 86: 65-72.

12:30 Lunch

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13:30 - 15:00 **Behandling av ätstörningar: Långtidssjuka**

Maja Molin

Obligatorisk:

1. Molin, m.fl. (2016). *Case management at an outpatient unit for severe and enduring eating disorder patients at Stockholm Centre for Eating Disorders – a study protocol*. J Eat Disord, 4: 24.

Frivillig:

1. Hay, m.fl. (2012). *Treatment for severe and enduring anorexia nervosa: A review*. Aus NZ J Psychiatry, 46: 1136-1144.
2. Robinson, m.fl. (2015). *Severe and enduring anorexia nervosa: A qualitative study of patients with 20+ years of anorexia nervosa*. Eur Eat Disord Rev, 23: 318-326.
3. Bamford, m.fl. (2015). *Eating disorder symptoms and quality of life: Where should clinicians place their focus in severe and enduring AN?* Int J Eat Disord, 48: 133-138.
4. Treasure, m.fl. (2015). *Has the time come for a staging model to map the course of eating disorders from high risk to severe enduring illness? An examination of the evidence*. Early Interv Psychiat, 9:173-84.

DAG 5 Måndag 23 september

9:00

Biologiska faktorer vid ätstörningar

Ulf Wallin

Obligatorisk:

1. Clinton, Engström & Norring (2009). *Uppkomst och utveckling av ätstörningar (biologiska delar av kapitlet)*. ÄTS s. 67-73.

Frivillig:

1. Leibowitz, S.F. (2002). *Central physiological determinants of eating behavior and body weight*. EDO, kap. 1, s. 5-10
2. Smith, G.P. & Gibbs, J. (2002). *Peripheral physiological determinants of eating and body weight*. EDO, kap. 2, s. 11-15.
3. Blundell, J.E. (2002). *A Psychobiological system approach to appetite and weight control*. EDO, kap. 8, s. 43-49
4. Mehler, P & Andersen, A. (2010) *Eating Disorders. A Guide to Medical Care and Complications*. Baltimore, Johns Hopkins University Press.

10:30

Kaffe

11:00

Medicinsk bedömning och behandling av ätstörningar

Ulf Wallin

Obligatorisk:

1. Hägglöf (2009). *Somatiska aspekter vid anorexia nervosa och bulimia nervosa*. ÄTS s. 95-109.
2. Hägglöf (2009). *Farmakologisk behandling vid ätstörningar*. ÄTS s. 121-125.
3. Treasure (2002). *Compulsory treatment in the management of eating disorders*. EDO, kap. 61, s. 340-344.

Frivillig:

1. Aigner, m fl (2011). *World Federation of Societies of Biological Psychiatry (WFSBP) Guidelines for the Pharmacological Treatment of Eating Disorders*. World J Biol Psychiatry, 12:400–443.
2. Garber, m fl (2013). *Higher calorie diets increase rate of weight gain and shortens hospital stay in adolescents with anorexia nervosa*. J Adolesc Health, 53:579-84.
3. Halmi (2002). *Physiology of anorexia nervosa and bulimia nervosa*. EDO, s. 267-271.
4. Hart (2013). *Nutrition and refeeding*. EDCA, kap. 12, s. 222-238.
5. Katzman, m fl (2010). *Medical screening and management of eating disorders*. OHED, kap. 16, s. 267-292.
6. McElroy, m fl (2010). *Pharmacotherapy of the eating disorders*. OHED, kap. 24, s. 417-451.
7. Mehler & Andersen (2010). *Eating Disorders. A Guide to Medical Care and Complications*. Baltimore: Johns Hopkins University Press.
8. Mitchell & Crow (2010). *Medical comorbidities of eating disorders*. OHED, kap. 15, s. 259-266.
9. Norrington, m fl (2012). *Medical management of acute severe anorexia nervosa*. Arch Dis Child Educ Pract Ed, 97:48–54.
10. Pomeroy & Mitchell (2002). *Medical complications of anorexia nervosa and bulimia nervosa*. EDO, kap. 50, s. 278-285.
11. Walsh (2002). *Pharmacological treatment of anorexia nervosa and bulimia nervosa*. EDO, kap. 58, s. 325-329.
12. Woodside (2002). *Inpatient treatment and medical management of anorexia nervosa and bulimia nervosa*. EDO, kap. 60, s. 335-339.

12:30

Lunch

Bakgrund och Behandling av Ätstörningar 7,5 p (Stockholm HT19)

13:30 **Behandling av ätstörningar: Familjeterapi**

Ulf Wallin

Obligatorisk:

1. Gustafsson (2009). *Familjeterapi*. ÄTS, s. 179-193.
2. Wallin (2009). *Behandling av barn med ätstörningar*. ÄTS s. 111-119.
3. Eisler (2013). *Family therapy for adolescent eating disorders: a special form of therapy or family therapy with a specific focus?* J Fam Ther, 35, April, s 1-2.
4. Downs m.fl. (2013). *A substantive and methodological review of family based treatment for eating disorders*. J Fam Ther, 35, sid 3-28.

Frivillig:

1. Dare & Eisler (2002). *Family therapy and eating disorders*. EDO, s. 314-319.
2. Le Grange & Rienecke Hoste (2010). *Family therapy*. OHED, s. 373-385.
3. Rausch Herscovici (2013). *Family approaches*. EDCA, kap. 13, s. 239-257.
4. Lock & Le Grange (2013). *Treatment manual for anorexia nervosa. A Family-based approach*. New York: Guilford Press.
5. Wallin (2004). *Ätstörning och familjen – en översikt*. Tidsskriftet for Norske Lægeforening, 124: 2251–3.
6. Asen & Scholz (2010). *Multi-family therapy*. London: Routledge.
7. Wallin (2007). *Multifamiljeterapi vid anorexia nervosa: Behandlingsmanual*. Lund: Enheten för Anorexi och Bulimi. – BUP, USiL.
8. Wallin (2008). *Familjer som hjälper familjer – Multifamiljeterapi vid Anorexia Nervosa*. Svensk Psykiatri, 3: 10-16.

14:30 Kaffe

15:00 - 16:30 **Behandling av ätstörningar: Familjeterapi (fortsättning)**

Ulf Wallin

DAG 6 Tisdag 24 september

9:00 **Behandling av ätstörningar: Nutritionsbehandling**

Gisela van der Ster

Obligatorisk:

1. Scribner Reiter, C. & Graves, L. (2010). *Nutrition therapy for eating disorders*. Nutr Clin Prac, 25: 122-136.

Frivillig:

1. van der Ster, G. (2014). *Mattillåtet : praktisk vägledning för dig som har en ätstörning*. Linköping: Randi förlag.

10:30 Kaffe

11:00 **Behandling av ätstörningar: Kroppsinriktad behandling**

Marie-Louise Majewski

Obligatorisk:

1. Thörnberg (2009). *Kroppsinriktad behandling*. ÄTS s. 137-143.
2. Wallin, m fl (2000). *Body Awareness Therapy in teenage anorexia nervosa: Outcome after 2 years*. Eur Eat Dis Rev, 8:19-30.
3. Probst, m.fl. (2013). *Physiotherapy for patients with anorexia nervosa*. Adv Eat Disord, 1: 224-238.
4. Vancamfort, m.fl. (2013). *A systematic review on physical therapy interventions for patients with binge eating disorder*. Disabil Rehabil, 35: 2191–2196.

Frivillig:

1. Danielsen & Rø (2012). *Changes in body image during inpatient treatment for eating Disorders predict outcome*. Eating Disorders, 20: 261-275.
2. Kolnes (2012). *Psychomotor physiotherapy and eating disorders: Embodying the body in anorexia nervosa a physiotherapeutic approach*. J Body Mov Ther, 16: 281-288.
3. Probst, m.fl. (2008). *Evaluation of body experience questionnaires in eating disorders in female patients (AN/BN) and nonclinical participants*. Int J Eat Disord, 41:657–665.
4. Probst, m.fl. (2009). *Body experience assessment in nonclinical male and female subjects*. Eat Weight Disord, 14:16-21.
5. Catalan-Matamoros, m.fl. (2011). *A pilot study on the effect of Basic Body Awareness Therapy in patients with eating disorders*. Clin Rehabil. 25: 617-26.
6. Schneider, m.fl. (2009). *Comparison of body size estimation in adolescents with different types of eating disorders*. Eur Eat Dis Rev, 17: 468-475.
7. Bratland-Sanda, m.fl. (2010). *Physical activity and exercise dependence during inpatient treatment of longstanding eating disorders*. Int J Eat Disord, 43: 266-273.

12:30 Lunch

13:30 - 15:00 **Arbete i små grupper med Examinationsuppgift 2**

Bakgrund och Behandling av Ätstörningar 7,5 p (Stockholm HT1)

UNDERVISNINGSFRI DAG måndag 30 september

Tid att arbeta med Examinationsuppgift 1

DAG 7 Måndag 14 oktober

- 9:00 **Behandling av ätstörningar: Patientperspektivet**
Brukarrepresentant, David Clinton & representant från Frisk & Fri
- Obligatorisk:
1. Clinton & Norring (2009). *Tillbakablick och framåtblick*. ÄTS, s. 241 - 248.
- 10:30 Kaffe
- 11:00 **KLINISKT ARBETE: Del 1**
Diskussion och rollspel av fall som kursdeltagarna har i behandling samt kliniska situationer inom ätstörningsbehandling.
David Clinton
- Obligatorisk:
1. Clinton, m.fl. (2009). *Uppkomst och utveckling av ätstörningar: ett multifaktoriellt synsätt*. ÄTS s. 67-92.
 2. Clinton (2010). *Towards and ecology of eating disorders: Creating sustainability through the integration of scientific research and clinical practice*. Eur Eat Dis Rev, 18: 1-9.
- 12:30 Lunch
- 13:30 **KLINISKT ARBETE (forts)**
David Clinton
- 15:00 Kaffe
- 15:15 - 16:00 **KLINISKT ARBETE (forts)**
David Clinton

DAG 8 Måndag 4 november

- 09:00 **KLINISKT ARBETE: Del 2**
Diskussion och rollspel av fall som kursdeltagarna har i behandling samt kliniska situationer inom ätstörningsbehandling.
David Clinton
- 11:00 Kaffe
- 11:15 **KLINISKT ARBETE (forts)**
David Clinton
- 12:30 Lunch
- 13:30 **KLINISKT ARBETE (forts)**
David Clinton
- 15:00 Kaffe
- 15:15 - 16:00 **KLINISKT ARBETE (forts)**
David Clinton

Bakgrund och Behandling av Ätstörningar 7,5 p (Stockholm HT19)

EXAMINATION - Inlämning av Examinationsuppgift 1, senast fredag 1 november

UNDERVISNINGSFRI DAG måndag 11 november

Tid att arbeta med Examinationsuppgift 2

DAG 9 Måndag 25 november (OBS. preliminära tider)

- 9:00 Återlämning av uppsatser och diskussion
David Clinton
- 10:00 **EXAMINATION**
Redovisning och diskussion av grupparbete
David Clinton
- 11:00 Kaffe
- 11:30 **EXAMINATION** (forts.)
Redovisning och diskussion av grupparbete
David Clinton
- 12:30 Lunch
- 13:30 **EXAMINATION** (forts.)
Redovisning och diskussion av grupparbete
David Clinton
- 14:30 Kaffe
- 15:00 - 16:00 **EXAMINATION** (forts.)
Redovisning och diskussion av grupparbete
David Clinton
- 18:00 - **Gemensam kursmiddag (frivillig, bekostas av kursdeltagarna)**

DAG 10 Tisdag 26 november (OBS. preliminära tider)

- 9:00 **EXAMINATION** (forts.)
Redovisning och diskussion av grupparbete
David Clinton
- 10:00 Kaffe
- 10:30 **EXAMINATION** (forts.)
Redovisning och diskussion av grupparbete
David Clinton
- 11:30 **Kursutvärdering och avslutning**
David Clinton
- 12:30 - 13:30 **Gemensam lunch** (frivillig)
David Clinton